

October 2010

WEST ELEMENTARY LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Hot Dog on Bun Baked Beans Watermelon Wedge Mustard Ketchup 2 % Milk
4 Pepperoni Pizza Broccoli (Fresh) Fresh Carrots Ranch Dressing Mandarin Oranges 2 % Milk	5 Spaghetti-Meat Sauce Green Beans Breadstick Lunch Bunch Grapes 2 % Milk	6 Beef Pattie on Bun French Fries Mustard Ketchup Apple 2 % Milk	7 Beef Taco Doritos Fun Size Cheddar Cheese Lettuce Salsa Juice Bar 2 % Milk	8 Chicken Nuggets Baked Potato Margarine Cup Diced Peaches Chocolate Pudding 2 % Milk
11 Macaroni and Cheese Mini Corn Dogs Mustard Ketchup Peas Applesauce 2 % Milk	12 Cheese Sandwich Tomato Soup Yogurt - Watermelon Cheez-It Cracker Small Orange 2 % Milk	13 Rainbow Treasures Corn Wheat Roll Berry Blue Gelatin Lunch Bunch Grapes 2 % Milk	14 Chicken Pattie on Bun Green Beans Applesauce Ketchup 2 % Milk	15 Pepperoni Pizza Tossed Salad Blueberries/ Yogurt and Granola / Parfait 2 % Milk
18 Salisbury Steak Brown Gravy Mashed Potatoes Tossed Salad Ranch Dressing Small Orange Snowflake Roll 2 % Milk	19 Beef Pattie on Bun French Fries Mustard Ketchup Strawberries 2 % Milk	20 Beef Taco Doritos Fun Size Cheddar Cheese Lettuce Salsa Diced Pears 2 % Milk	21 Corn Dog Baked Beans Fun Size Chips Apple 2 % Milk	22 * END OF 1ST 9-WEEK GRADING PERI Cheese Pizza Fresh Carrots Ranch Dressing Pineapple Tidbits 2 % Milk
25 Spaghetti-Meat Sauce Green Beans Breadstick Diced Pears 2 % Milk	26 Pork Barbeque on Bun French Fries Sherbet Cup 2 % Milk	27 Beef Pattie on Bun Corn Mustard Ketchup Grapes 2 % Milk	28 Chicken Strips Mashed Potatoes Green Beans Dinner Roll 8 Grain Jello 2 % Milk	29 Pepperoni Pizza Mixed Veg. Chocolate Pudding Apple Juice 100% 2 % Milk

School News

Breakfast is offered each morning at no cost to students. Reduced lunch .40 Full price lunch \$1.50 Extra milk .40 Students have a charge limit of \$5.00, please pay all charges promptly.

Free and Reduced meal applications may be submitted at any time during the school year.

Contact your child's school or Joy Napier at 596 - 5218 ext. 250 for more information.

Menus are subject to change due to availability of foods or school closings.

USDA is an equal opportunity employer and provider.

