

December 2010

VCMS LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 American Cheese Beef Pattie on Bun French Fries Applesauce 2 % Milk	2 Chicken Strips Mashed Potatoes Margarine Cup Diced Peaches Dinner Roll 8 Grain 2 % Milk	3 Foot Long Hot Dog Bun Baked Beans Pineapple Tidbits Ketchup Mustard 2 % Milk
6 Soft Taco Cheddar Cheese Lettuce Salsa Banana 2 % Milk	7 Pork Barbeque on Bun French Fries Mixed Fruit 2 % Milk	8 Chili with Beans Crackers Peanut Butter Sandwi Fresh Carrots Ranch Dressing Sherbet Cup 2 % Milk	9 Macaroni and Cheese School Made Roll Margarine Cup Peas Jello Apple Juice 100% 2 % Milk	10 Chicken Pattie on Bun Corn Sliced Strawberries Sun Chips 2 % Milk
13 Sloppy Joe on Bun Baked Potato Margarine Cup Juice Bar 2 % Milk	14 Baked Pork Chop Mashed Potatoes Brown Gravy Pineapple Tidbits Dinner Roll 8 Grain 2 % Milk	15 Ham American Cheese Bun Potato Soup Crackers Small Orange 2 % Milk	16 Spaghetti-Meat Sauce Breadstick Green Beans Tossed Salad Ranch Dressing 100 % Grape Juice 2 % Milk	17 American Cheese Beef Pattie on Bun French Fries Applesauce 2 % Milk
20 * CHRISTMAS HOLIDAY	21 * CHRISTMAS HOLIDAY	22 * CHRISTMAS HOLIDAY	23 * CHRISTMAS HOLIDAY	24 * CHRISTMAS HOLIDAY
27 * CHRISTMAS HOLIDAY	28 * CHRISTMAS HOLIDAY	29 * CHRISTMAS HOLIDAY	30 * CHRISTMAS HOLIDAY	31 * CHRISTMAS HOLIDAY

School News

Menus are subject to change due to availability of foods, school closings or delays

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