

September 2010

CENTRAL ELEMENTARY LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Salisbury Steak Brown Gravy Mashed Potatoes Tossed Salad Ranch Dressing Small Orange Snowflake Roll 2 % Milk	2 Beef Pattie on Bun French Fries Mustard Ketchup Juice Bar 2 % Milk	3 Beef Taco Doritos Fun Size Cheddar Cheese Lettuce Salsa Applesauce 2 % Milk
6 * LABOR DAY	7 Corn Dog Baked Beans Fun Size Chips Apple 2 % Milk	8 Cheese Pizza Fresh Carrots Ranch Dressing Pineapple Tidbits 2 % Milk	9 Spaghetti-Meat Sauce Green Beans Breadstick Diced Pears 2 % Milk	10 Pork Barbeque on Bun French Fries Sherbet Cup Chocolate Cookies 2 % Milk
13 Beef Pattie on Bun Corn Mustard Ketchup Grapes 2 % Milk	14 Chicken Strips Mashed Potatoes Green Beans Dinner Roll & Grain Jello 2 % Milk	15 Pepperoni Pizza Mixed Veg. Chocolate Pudding Apple Juice 100% 2 % Milk	16 Sloppy Joe on Bun Potato Rounds Mandarin Oranges 2 % Milk	17 Macaroni and Cheese Mini Corn Dogs Steamed Broccoli Applesauce 2 % Milk
20 Spaghetti-Meat Sauce Tossed Salad Breadstick Diced Pears 2 % Milk	21 Chicken Pattie on Bun Corn Lime Sherbet Mustard Ketchup 2 % Milk	22 Chili with Beans Peanut Butter Sandwi Crackers Fresh Carrots Ranch Dressing Juice Bar 2 % Milk	23 Hot Dog on Bun Baked Beans Apple Crisp Vanilla Ice Cream 2 % Milk	24 Sliced Turkey on Bun Baked Potato Margarine Cup Pineapple Tidbits 2 % Milk
27 Beef Pattie on Bun French Fries Small Orange Ketchup 2 % Milk	28 Beef Taco Doritos Fun Size American Cheese Lettuce Salsa Banana Small 2 % Milk	29 Spaghetti-Meat Sauce Green Beans Breadstick Jello Apple Juice 100% 2 % Milk	30 Chicken Pattie on Bun Corn Applesauce Ketchup 2 % Milk	

School News

Lucky Tray Days -
Cook's Choice

Menus are subject to
change due to
availability of foods or
school closings.

Free and Reduced
meal applications
may be submitted at
any
time during the
school year.
Contact your child's
school or
Joy Napier at
596 - 5218 ext. 250
for more information.

Breakfast is offered
each morning at no
cost to students.
Reduced lunch .40
Full price lunch 1.50
Extra milk cost .40

USDA is an equal
opportunity employer
and provider.

